



Welcome to Valley Children's Hospital. The following pictures will show you where to go and what to expect the day of your surgery. Please enter through the surgery entrance and stop at the security desk. The officer will give you a map and directions.



Take the elevator to the 2nd floor surgery waiting room. When you arrive in our registration area, you will check in. Have a seat in our waiting room. You may watch TV or play with a toy or activities you brought with you.



After a little while, your name will be called. You will be taken to an area like this, and two adult family members can come with you. We will measure how tall you are and how much you weigh.



We will use a blood pressure cuff that wraps around your arm and gives you a hug. We also use a pulse oximeter to measure how much oxygen is in your blood. It is a clip or Band-Aid with a red light.



In the exam room, you will change into some hospital pajamas and socks. You will meet doctors and nurses.

They will talk to your family. It is very important not to eat or drink before surgery.

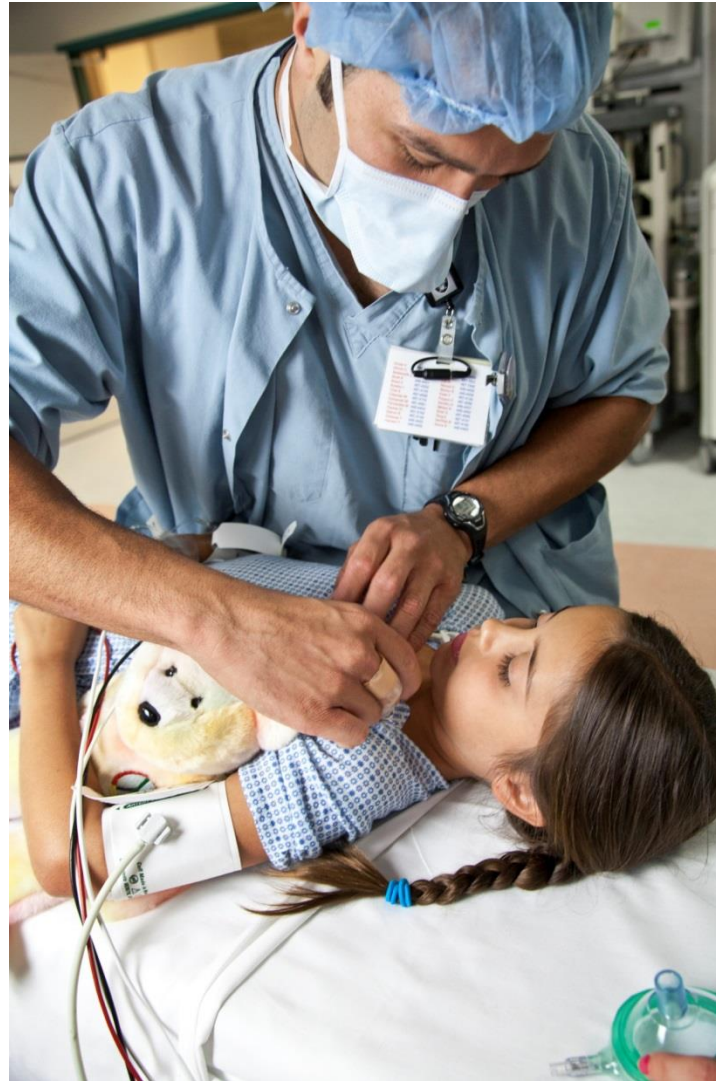


When it is time for surgery, you can tell your family, "See you later".



This is the operating room. You will be there with the doctors and nurses. It has a bed and there are lights above. This room must be very clean. It is called a sterile environment.

The doctors and nurses also wear hospital clothes. These are the same doctors and nurse you and your family met in the exam room.



Once you are here, you will get a blood pressure cuff on your arm, a pulse oximeter on your finger, and some stickers on your chest; they are called heart leads.



There are two ways to get anesthesia or sleepy medicine. The first is through a mask that goes over your nose and mouth. You breathe in the air and go to sleep. You will tell us what you want the air to smell like! We have several flavors to choose from.



The second way to get anesthesia is through an IV. The nurse will insert a little tube in your hand using a small needle. The needle comes out and the tube stays in. The anesthesia will go through the tube into your body and you will go to sleep.

The anesthesia will keep you in a deep sleep. You will not hear or feel anything during your surgery. The anesthesiologist will decide which way you will get your anesthesia, and your nurse will talk to you about it.



After your surgery, you will go to our recovery room. The nurse will give you fresh air that helps the anesthesia wear off; it is called oxygen.



Once you wake up you will go to our post-op area. You might get a Popsicle or a drink. Two adult family members can be with you. Before you go home, the nurse will take out the IV.



It's time for you to go home!

- If you would like further information about talking to your child about surgery, please call (559) 353-5444 to speak with a Child Life Specialist.
- If you have specific questions about your child's surgery, call your doctor's office.
- If you have questions about the actual day of your child's surgery, please call Day Surgery at (559) 353-5383.